

# Dr.Suhaib AL-Takhayneh

## ASSOCIATE PROFESSOR IN PSYCHOLOGICAL AND FAMILY COUNSELING

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### EDUCATION:

PhD (Psychological and Educational counseling) University of Jordan

Master(Psychological and Educational counseling) Mutah University

Bachelor (Psychological and Educational counseling) Mutah University

### PROFESSIONAL WORK EXPERIENCE:

- ⇒ Associate Professor in the Counseling and Special Education Department at (College of Educational Sciences) Mutah University (2020-2021)
- ⇒ Assistant Professor in the Counseling and Special Education Department at (College of Educational Sciences) Mutah University (2016-2020)
- ⇒ Head of the Counseling and Special Education Department at Mutah University 2018-2019
- ⇒ Full-time lecturer at the Counseling and Special Education Department at Mutah University 2015- 2016
- ⇒ Full-time lecturer at Umm Al-Qura University in the Kingdom of Saudi Arabia 2011-2012
- ⇒ Educational guide at the Ministry of Education Karak Kasbah 2015-2019
- ⇒ Supervising the performance of school counselorsMutah Model Comprehensive University 2017-2018

#### Professional skills:

- Problem-solving skill
- Critical thinking
- Communication skill
- Creative skills
- The skill of scientific research
- Computer skills
- A skill related to media and scientific talk



### Personal statement:

One of my strongest beliefs is that hard work and Diligence are the two things that can make average Intelligence seems well Above average.

I believe on **(TEAM)**  
**Together**  
**Everyone**  
**Achieves**  
**More**

### INTERPERSONAL SKILLS:

- Analytical Skills
- Communication Skills
- Empathy / Public Speaking
- Time Management
- Positive thinking
- Stress Management
- Team Player

## THESES

### Master's thesis title:

The Effectiveness of a Counselling Program in Reducing Chaotic Behaviour Among Students With Learning Disabilities in the Southern Mazar District, Jordan

### PhD thesis title:

The Effectiveness of a Counselling Program Based on Reality Therapy to Improve the Quality of Life, Psychological Toughness and Optimism Among Students From Broken Families in Karak governorate, Jordan.

### Research interests:

- Family problems, professional programs, preventive guidance
  - Mental health and positive psychology concepts
  - Psychiatric disorders, diagnosis, clinical and field supervision

### Research Publications in International Peer reviewed Journals:

- Kaewsang-on R, **AL-Takhayneh S. K**, Jam, F.A, Chang B-L, Pradana M and Mahmood S (2022), A three wave longitudinal study of school innovation climate and entrepreneurship teachers' acceptance to technology: Moderating role of knowledge sharing and knowledge hiding. *Front. Psychol.* 13:1028219.  
**(Impact Factor: 4.2) Frontiers Inc, Scopus Q1 SJR: 0.87**
- Al-Dalaeen, A.S.R., **AL-Takhayneh S. K**, Alzaben M.B.L, Algaralleh A, ALBdour N.T.(2022) : The Degree to Which the Dimensions of Moral Intelligence Contribute to Technological Well-being among A Sample of New Students at Mu'tah University.
- A supervisory program based on the skill development model to develop the techniques of personal interview among a sample of family reform counselors in Jordan". (2022). *Clinical Psychology Review Journal* in Vol. No. 96, August-2022.
- AL-Takhayneh SK, Karaki W, Hasan RA, Chang B-L, Shaikh JM and Kanwal W (2022) Teachers' psychological resistance to digital innovation in Jordanian entrepreneurship and business schools: Moderation of teachers' psychology and attitude toward educational technologies. *Front. Psychol.* 13:1004078. doi: 10.3389/fpsyg.2022.1004078  
**(Impact Factor: 4.2) Frontiers Inc, Scopus Q1 SJR: 0.87**
- Karaki W., **AL-Takhayneh S.K.**, (2022). Moral development and its relationship to mindfulness and subjective well-being among students of the Faculty of Educational Sciences at Mutah University, Jordan. *NeuroQuantology* | Jan 2022 | Volume 20, Issue 1, Page 488-510 | doi: 10.14704/nq.2022.20.1.NQ22329  
**Scopus Q3 SJR: 0.29**
- Karaka, W.; Alosaibat, H.; **AL-Takhayneh, S. K.**; and ALnawayseh, F. (2021) The Relationships between Teacher's Pedagogical Content Knowledge, Teaching Styles and Efficacies among Primary School Mathematics Teachers. *Review of International Geographical Education (RIGEO)*, 11(12), 761-775. Doi: 10.48047/rigeo.11.12.73

- Al-Mahaireh, A.S.F., Al-Dalaeen, A.S.R., **AL-Takhayneh, S, K**(2018).Efficacy of a preventive counseling program for improving Psychological Hardiness and the positive use of social Network sites among students at risk.*International Journal for the Advancement of counseling*, 40 (2), pp.173-186.
- **AL-Takhayneh S.K.**, (2022).The Impact of Marital and Relationship Satisfaction on Life Satisfaction and Happiness of Married Individuals: Moderating Role of Emotional Intelligence, *Cyber psychology, Behavior, and Social Networking (Under Review )*

#### **Countries Visited:**

- Turkey
- Egypt
- Saudi Arabia
- UAE

#### **Conference Presentations& Key Note Speeches at International Forums:**

1. Positive Psychology Conference in Algeria (2018-2019)
2. Conference of the Faculty of Education / Dead Sea 2017
3. Artificial Intelligence Conference / Sharjah / United Arab Emirates 2018

#### **TV interviews and channels:**

- An interview on Jordanian TV, a new day.
- Meet the Dar Dark program, Roya Channel (Internet addiction).
- Meeting of the Dar Dark program, Roya Channel (Exam Anxiety).
- Interview on Sawt Al-Karak Radio, Mutah University, several times.

#### **Supervision and discussions of university theses:**

- The meaning of life for unmarried teachers and its relationship to their preparation for married life.
- Personal values of graduate students at Mut'ah University and its relationship to their professional maturity.
- The layers of neurosis prevalent among high school students in the Petra District and its relationship to their quality of life
- The level of self-contentment and its relationship to ambition and altruism among Mutah University students
- Marital adjustment among mothers of children with mental disabilities in Ma'an Governorate

### **Lecturer for Following Subjects**

- Family Counselling (Master's)
- Special Topics in Mental Health (Master's)
- Counselling Theories (Master's)
- Counselling techniques (Master's)
- Research Seminar in Counselling (Master's)
- Career Counselling (Master's)
- Psychological Counselling Theories (PhD)
- Supervision in Psychological Counselling (PhD)
- A circle in writing theses (PhD)
- Guidance for special groups (PhD)
- Educational Supervision (Diploma of Education)
- Measurement and Statistics (Diploma in Education)
- Counselling methods (Diploma)
- Childhood Problems (Diploma)
- Readings in Guidance in English (Bachelor)
- Counselling Skills (Bachelor)
- Educational Respiration (Bachelor)
- Experimental Psychology (Bachelor)
- Introduction to Counselling (Bachelor)
- Field Training in Counselling (Bachelor's)
- Practical Applications in Counselling (Bachelor)
- Counselling for People with Special Needs (Bachelor)
- Learning Disabilities (Bachelor)
- Behaviour Disorders (Bachelor)
- Behaviour modification (Bachelor)
- School and Psychological Health (Bachelor)
- Educational and Vocational Guidance (Bachelor)
- Group Dynamics (Bachelor)
- Group Counselling (Bachelor)
- Family Counselling (Bachelor)
- Theoretical Attitudes in Counselling (Bachelor)
- Life Skill (Bachelor)
- Communication Skills (Bachelor)

**Reference:** To be furnished upon request.